
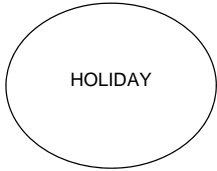








Mon	Tue	Wed
<p>1 10:30 Dancing, lunch room 11:45 LUNCH MENU <i>Spaghetti w/ Meat Sauce</i> Marinated Salad Sautéed Fresh Broccoli Fresh Fruit</p>	<p>2 11:45 LUNCH MENU <i>Corn Chowder</i> Hard Boiled Egg  Sautéed Asparagus Orange 1pm - Movie, Julie and Julia</p>	<p>3 10:30 Line Dancing, lunch room 11:45 LUNCH MENU <i>BBQ Chicken</i> Pasta Salad Cauliflower and Carrots Apple 1:00 Bingo, lunch room</p>
<p>8 10:30 Dancing, lunch room 11:45 LUNCH MENU <i>Turkey Meatloaf</i> Whole Grain Bread Mashed Potatoes Squash Peaches</p>	<p>9 830am - HICAP 9:15am - Eyeglass Repair 11:45 LUNCH MENU <i>Split Pea and Potato Soup</i> (vegan), Whole Grain Muffin Chef's Chicken Garden Salad Tangerine Oatmeal Cookie 1pm - Movie, Mall Cop 2pm - Hearing Screening</p>	<p>10 10:30 Line Dancing, lunch room 11:45 LUNCH MENU <i>Chop Suey w/ Beef and Pork</i> Fried Brown Rice Chilled Broccoli Salad Fresh Fruit 1:00 Bingo, lunch room</p>
<p>15 </p>	<p>16 10:30 WORKSHOP, WEB CAP TAL 11:45 LUNCH MENU <i>Chicken Pot Pie</i>  w/ mixed vegetables Confetti Coleslaw Apple 1pm - Movie, The Taking of Pelham 123 2pm - Newcomer's Group</p>	<p>17 10:30 Line Dancing, lunch room 11:45 LUNCH MENU <i>Pork Roast</i> Brown Rice Pilaf Sweet Potatoes Steamed Spinach Fruit 1:00 Bingo, lunch room</p>
<p>22 10:30 Dancing, lunch room 11:45 LUNCH MENU <i>Sesame Orange Chicken</i> Brown Rice Green Salad Orange</p>	<p>23 11:45 LUNCH MENU <i>Swedish Meatballs</i>  Over Egg Noodles Baked Tomato Spinach and Cheese Salad Pineapple 1pm - Movie, I Love You, Man 1pm - HICAP</p>	<p>24 10:30 Line Dancing, lunch room 11:45 LUNCH MENU <i>Chicken A La King</i> Brown Rice Pilaf Seasonal Vegetables Apples 1:00 Bingo, lunch room</p>

Thu	Fri
<p>4 10:30 Line Dancing, lunch room 11:45 LUNCH MENU <i>Stuffed Cabbage</i> Brown Rice w/ Baked veggies, Feta cheese, and Cherry Tomatoes Fruit 1pm SALA APPTS</p>	<p>5 10:30 - Blood Pressure 10:30 Dancing, lunch room 11:45 LUNCH MENU <i>Egg Frittata</i> Whole Grain Muffin Garden Salad  Three Bean Salad Sugar-Free Gelatin w/ Pineapple 1pm - Movie, Julie and Julia</p>
<p>11 10:30 Line Dancing, lunch room 11:45 LUNCH MENU <i>Lemon Chicken Breast</i> Corn Bread Swiss Chard Baked Tomato Fresh Fruit</p>	<p>12 10:30 - Blood Pressure 10:30 Dancing, lunch room 11:45 LUNCH MENU <i>Pizza w/ Veggies and Meat</i> Green Salad Mandarin Oranges 1pm - Movie, Mall Cop</p>
<p>18 10am - VTA Cards 10:30 Line Dancing, lunch room 11:45 LUNCH MENU <i>Chicken Asparagus Pecan Pasta</i> Penne Pasta  Caesar Salad Tropical Fruit Cup 1pm SALA APPTS 1pm WORKSHOP, A New Year, A New You</p>	<p>19 10:30 - Blood Pressure 10:30 Dancing, lunch room 11:45 LUNCH MENU <i>Breaded Fish Filet</i> Sautéed Cabbage, Carrots, and Mushrooms Whole Grain Roll Tangelo 1pm - Movie, The Taking of Pelham 123</p>
<p>25 10:30 Line Dancing, lunch room 11:45 LUNCH MENU <i>Baked Fish w/ Seasonings</i> Sweet Potatoes Seasoned Broccoli Whole Grain Roll Fresh Fruit 1pm WORKSHOP, Sudoku</p>	<p>26 10:30 - Blood Pressure 10:30 Dancing, lunch room 11:45 LUNCH MENU <i>Pasta Primavera w/ Ham</i> Whole Wheat Spaghetti Garlic Bread Garden Salad  Banana Oatmeal Cookie 1pm - Movie, I Love You, Man</p>

NUTRITION PROGRAM - The suggested contribution is \$2.50 for people 60 years and over. The meal cost is \$5.00 for people under 60 years old. Lunch is served at 11:45 a.m. Recommended sign in time: 11:15 a.m. First come first served.

 = Meal contains more than 1000mg sodium

Big Valentine Cookie
Show your sweetheart how big your heart is with this edible valentine. Icing and sugar sprinkles add the finishing touch.

Preparation Time: 10 mins
Cooking Time: 22 mins
Cooling Time: 30 mins cooling

Servings: 12 servings

1 package (16.5 oz.) NESTLÉ® TOLL HOUSE® Refrigerated Sugar Cookie Bar Dough
Frosting, decorator icing, sugar sprinkles, [candies](#) and/or melted chocolate (optional)

PREHEAT oven to 325 degrees F. Grease large baking sheet.

PLACE whole bar of dough in prepared pan. Allow to soften for 5 to 10 minutes. Using fingertips, pat dough gently to form an 8- to 9-inch heart shape.

[BAKE](#) for 22 to 25 minutes or until light golden brown. Cool on baking sheet for 2 minutes; carefully loosen cookie with spatula. Cool completely on baking sheet on wire rack.